

## **S1: Bonus Episode Dad Hacks**

### **Today's Topic: "Dad Hacks"**

- Bucket Lists for kids
- Finances and Fitness
- Things that annoy you as a parent
- Routines
- School bullying and violence (Missional parenting)
- Best Dad Jokes

### **#1. Shifts for kids-->Adults**

- Ease to Difficulty
  - Selfish to Serving
  - You play a small part in a larger story
  - Control to Surrender
  - Temporary to Eternal
- \*What are the 2 questions you ask your son each day? Talk about how he has started asking you that question. MOST PEOPLE DON'T STAY WITH PROBLEMS LONG ENOUGH.
- \*Talk about your 'Bucket List' for your kids.
- \*My questions to wrestle with before they leave my house:
- WHO do I want them to BE? (Character)
  - WHAT do I want them KNOW? (Wisdom)
  - What EXPERIENCES do I want them to have?
  - What SKILLS do I want them to learn?

### **#2. Importance of Finances and Fitness**

- \*What are some practical ways you teach your kids about finances/investing? (Talk about road trip rules/ time allowance)
- \*How are you teaching your kids to be active? Talk about your own fitness journey as a middle aged dad.

### **#3. Parenting with Mission in Mind**

- \*Talk about school shootings, violence, bullying.
- \*How are you preparing your kids, having conversations around these topics?
- \*Talk about "this is why we exist!" It goes back to 'we play a small part in a bigger story' conversation.

### **#4. Best Dad Jokes**

- \*What's the difference between roast beef and pea soup? Anyone can roast beef.
- \*What's the difference between a tuna fish, a piano, and a tub of glue? You can't tuna fish, but you can tuna piano. (if he asks about the glue) Everyone gets stuck on that part.
- \*My wife and I took a 1,000 mile road trip to see our family. My uncle asked us if we took turns driving on the way up. I replied "Yeah. It was too hard to get here in a straight line."
- \* I found a suitcase in the woods containing 4 kittens, so I called Animal Welfare. The lady replied "That's terrible! Are they moving?" So I said, "I'm not sure, to be honest. But if they were, that would explain the suitcase."
- \*Why does Spiderman's calendar only have 11 months? Because he lost May.
- \*The doctor said I got a peek-a-boo-virus. They sent me straight to the ICU.
- \*I told my wife she needed to start embracing her mistakes. She gave me a big hug.
- \*My wife says I'm the cheapest man in the world. But I'm not buying it.
- \*Bruce Lee was fast, but did you know he had a brother that was faster? His name was Sudden Lee.

CLOSE:

- Let's talk about 3 keys to victory:
- #1. You don't have to be a perfect dad, just an intentional one
- #2.
- #3. Use surgical language

